

Contact Brant also:

- Coordinates the publication of **Your Guide**, a listing of free groups, workshops, and courses in Brant, Haldimand and Norfolk - watch for issues 3 times per year
- Provides an on-line community services database; information on issues faced by children, youth and their families; links to resources - www.contactbrant.net
- Assists with **transition planning** for youth with a developmental disability starting at age 14 to plan for adult services at age 18, and community life after graduation from school
- Facilitates community **service planning** with Brant agencies to identify service system gaps and plan collaboratively for improvement



One Door

One Door...

- *for information on community services and resources*
- *to connect to services for children and youth experiencing emotional, behavioural, or developmental concerns*

Funded by the Ministry of Community and Social Services/
Ministry of Children and Youth Services

If you're not sure who to call... call Contact Brant



One Door

Phone:
519-758-8228

Address:
25 King Street
Brantford, Ontario N3T 3C4

Office hours:
Monday to Friday
8:30 am to 4:30 pm

After hours, leave a message on our answering machine and we will call you back the next business day.

Website:
www.contactbrant.net

Email:
information@contactbrant.net

Fax: (519) 758-9507



One Door



"I'm looking for information about community services"...

"I need help getting services for a child or youth"...

Start with us.

Why call Contact Brant?

**‘One Door’...
for information or
to get connected to services.**



Contact Brant is the **single point of access** in Brantford and Brant County:

- For services for children and youth under age 18 with emotional, behavioural, or developmental concerns
- For information on community services and resources

Who can call?

Children, youth, parents, caregivers, community professionals...

We're here to assist you.

What's Involved In a Referral?

- Staff will complete an intake and discuss the services that can help
- With your consent, a referral to services is made
- Your privacy and confidentiality are always respected

Contact Brant helps children, youth and their families get the services they need when facing:

- ✓ Anxiety
- ✓ Depression
- ✓ Disruptive behaviours
- ✓ Eating disorders
- ✓ ADHD
- ✓ Developmental disorders
- ✓ Drug & alcohol abuse/addictions
- ✓ Separation and divorce
- ✓ Self-esteem issues
- ✓ Bullying
- ✓ Sexuality
- ✓ Self-harm
- ✓ Fire-setting behaviours
- ✓ Anger or aggression
- ✓ Grief



Contact Brant completes referrals for these agencies:

- Child & Parent Resource Institute (CPRI)
- Children's Aid Society of Brant
- Family Counselling Centre of Brant
- Lansdowne Children's Centre
- McMaster Child & Youth Services
- St. Leonard's Community Services
- Woodview Mental Health & Autism Services

Community agencies provide a **range of services** that help:

- Groups for parents &/or children
- Counselling
- Respite
- In-home supports
- Day treatment
- Residential treatment
- Assessments
- Consultation and education



All children and youth may experience some brief problems, but **when problems start to interfere with school, family, and social life, it's time to seek help.**

Did you know that **1 in 5** children suffer from mental illness?

Stigma and shame prevent people from seeking help for mental health problems. Mental health problems can lead to school failure, family conflict, drug or alcohol abuse, violence, or even suicide.

If you think you need help call:

Contact BRANT
For Children's and Developmental Services